Duodenal-Jejunal Bypass Surgery Increased GLP-1 Receptor Expression in Enteric Nervous System of STZ-Induced Diabetic Rats

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ABSTRACT

Aims: Studies have shown that the Duodenal-jejunal bypass (DJB) is highly effective treatment of type 2 diabetes (T2DM) which glucagon like peptide-1 (GLP-1) plays an important role. This study, we aimed to study DJB surgery effect on the expression of GLP-1R in the enteric nerve system and outset of type 2 diabetic rats.

Methods: Type 2 diabetic rats were generated by feeding Wistar rats with high-fat diet and low dose streptozotocin (STZ) injection. DJB and sham operations were performed in T2DM rats. Wistar rats were used as the wild-type control. Fasting blood glucose, insulin and GLP-1 secretion were measured before and eight weeks after surgery. Double-labeling immunofluorescence assay was performed to determine the changes of β cells (insulin) and α cells (glucagon) in pancreatic islets eight weeks after operation. Immunofluorescence and western blotting were performed to determine the expression of GLP-1R in Myenteric plexus (MP) of ENS after operation.

Results: DJB decreased the level of fasting blood glucose and the insulin secretion compared to the sham operation. Furthermore, DJB increased the β cell quantities in the pancreas compared to the sham group rats. DJB increased plasma GLP-1 secretion in T2DM rats comparing the sham rats. Immunofluorescence and Western blot results showed that GLP-1R expression in ENS was significantly increased eight weeks after DJB.

Conclusion: DJB improved the expression of GLP-1R in the enteric nerve system. And DJB increased GLP-1 secretion and improved the glucose disposal in T2DM and increased the quantity of β cells in the pancreas of T2DM rats.

KEYWORDS

Type 2 diabetes; Duodenal-jejunal bypass; Glucagon-like peptide-1; Glucagon-like peptide-1 receptor; enteric nervous system.

INTRODUCTION

Diabetes is the fifth leading cause of death in the world, and the patients suffer from an increased risk of developing a variety of complications. The number of people with diabetes is likely to increase to approximately 438 million by 2030 (of which 90% is type 2 diabetes mellitus (T2DM)). Conventional therapies of T2DM including lifestyle modifications and ant diabeti drug therapy seem unable to stop the progression of T2DM and cannot cure the disease. In contrast, bariatric surgery has proven an effective ant diabetic treatment modality with reported T2DM remission rates following up to 80% by Roux-en-Y gastric bypass (RYGB) [1-3]. In 2007, bariatric surgery was recommended by international diabetes federation (IDF) for T2DM patients with obesity [4]. Currently, the most commonly applied surgical procedure was Roux-en-Y gastric bypass (RYGB) [5].

Although this degree of weight loss has profound metabolic impact, these surgeries seem to have metabolic effects that...
DJB and Sham Surgeries

DJB and Sham surgeries were performed within one week of T2DM model setting up. Preoperative procedures were performed as described previously [16]. Rats were deprived of food for 16 to 18 h and then anesthetized with ketamine (150 mg/kg body weight). Prior to the initial incision, morphine (10 mg/kg) was administered subcutaneously. Rats were kept on a water-circulated heating pad throughout the duration of the surgery. The duodenum was separated from the stomach, and bowel continuity was interrupted 10 cm from the ligament of Treitz. The distal limb was connected to the stomach (gastrojejunal anastomosis), and the proximal limb that carries the biliopancreatic juices was reconnected downward to the alimentary limb at a distance of 10 cm from the gastrojejunal anastomosis (Roux-en-Y reconstruction).

For the sham operation, transections and reanastomosis of the gastrointestinal tract were performed at sites similar to those of the enterotomies made for DJB, however the physiologic circuit of food was maintained through the gut [16]. Two days after surgery, the rats consumed the modified diet and tap water during the experimental period.

Prior or postoperation observation of blood glucose, insulin and insulin resistance

Fasting blood glucose (FBG) was performed from the tail vein by One Touch glucose meter (Johnson & Johnson Co., USA) after 12 h on fasting. FBG was detected one week prior to op-
eration (p.r.), and one, two, four, eight week’s post-operation (p.o.). 0.5ml blood sample was collected from the angular vein after 12 h of fasting prior to surgery and subsequently one, two, four, eight week post-surgery. The level of GLP-1(mU/L) was measured by using ELISA kits (R&D, USA) following the protocol of the kit.

**GLP-1R expression in enteric nerve system detected by immunofluorescence and western blotting assays**

For immune histochemical studies, segments of the ileum were removed and placed in the chilled Krebs’ solution. Small intestinal specimens were opened along the mesenteric border, stretched tautly, and pinned out flat with mucosal side up to Sylgard at the bottom of the dish immediate before fixing Zamboni’s fixative (4%formaldehyde plus 0.2% picric acid in 0.1 M sodium phosphate buffer, pH 7.0) for three hours at room temperature. After fixation, tissues were subsequently washed (3×10 minutes) in phosphate-buffered saline (PBS; 0.9% NaCl in 0.1 M sodiumphosphate buffer, pH 7.0). Whole-mounts of the myenteric nerve system were microdissected from these segments.

The myenteric plexuses (MPs) were incubated in 10% normal horse serum in PBS for 1 h at room temperature (RT) before exposure to the primary antisera diluted in hypertonic PBS containing 10% normal horse serum and 0.3% Triton X-100. The preparation was placed in humidified chambers and processed for indirect immunofluorescence staining by incubation for 18 h at RT. The preparations were incubated for 24 h with rabbit anti-GLP-1R (1:500 dilution) at RT followed by triplicate 10 min washes with PBS and then incubated in FITC-labeled donkey anti rabbit secondary IgG (Jackson Immuno Research Laboratories, USA) for 1 h at RTand triplicate 10 min washes with PBS. The preparation was placed in the coverslip in Vectorshield (Vector Laboratories, USA) and examined by fluorescence microscopy.

The specificity of the anti-GLP-1R antibodies was controlled by pre-absorbing the antibodies with corresponding blocking peptides provided by the manufacturers while samples processed with omission of either the primary or the secondary antibodies were used as negative controls.

Protein extracts (100 μg/well) from rat MP preparations were separated on 10%SDS-polyacrylamide gel, transferred to PVDF membrane, blocked with 10% skimmed milk in Tris-buffered saline containing Tween 20 (TBS-T), and then probed with rabbit anti-GLP-1R (1:500 dilution) at 4°C overnight. Horseradish peroxidase-conjugated anti-rabbit IgG were used with a dilution of 1:2000 for 2 h at RT. After washing with TBS-T three times, immune reactive bands were visualized using Pierce ECL Western Blotting Substrate system. β-actin (1:1000 dilution) was used as theloading control. The band intensity was further quantified using BandScan software.
**Statistical Analysis**

Data were expressed as mean ± SEM, and Graph pad Prism 5.0 software was applied to perform statistical analysis. Statistical differences were determined using one-way ANOVA between different groups, and paired Student’s t tests were adopted to compare the changes in the single pre- and post-operative indicators. A P-value less than 0.05 was considered statistically significant.

**RESULTS**

**DJB surgery improved glucose tolerance and insulin resistance of diabetic rats**

DJB surgery had high efficacy on T2DM rats, evidenced by the increase of glycemic control and insulin resistance of diabetic rats. We measured the levels of fasting blood glucose (FBG) value of each group one week prior to and one, two, four, eight weeks after surgery. As shown in (Figure 1A), the FBG of the established T2DM group increased significantly compared to the control group, and remained high one week before operation (including T2DM-Sham and T2DM-DJB subgroups). FBG values in the T2DM-DJB group significantly decreased from 19.02 ± 2.15 mmol/L to 6.67 ± 0.69 mmol/L 1 week after surgery. T2DM-Sham group remained unchanged (P < 0.05). In T2DM-DJB group, FBG was 5.77 ± 0.60 mmol/L, 6.23 ± 0.79 mmol/L, 6.29 ± 0.56 mmol/L at two, four and eight weeks after operation respectively. While FBG in T2DM-Sham group was 17.03 ± 0.75 mmol/L, 17.20 ± 1.35 mmol/L, 17.33 ± 0.75 mmol/L at the corresponding time points. Analysis of the data from two subgroups showed that FBG in T2DM-DJB is significantly reduced after surgery compared to the T2DM-Sham group. Throughout the whole period of the experiment, FBG in Wistar rats remains largely unchanged. DJB surgery could reduce the fasting insulin level of diabetic rats. Fasting insulin was detected by ELISA assay 1 week prior till eight weeks post-surgery.

The results showed that the fasting insulin also decreased significantly in the DJB surgery group (Figure 1B) from 8.67 ± 0.38 to 3.14 ± 0.08 (mlu/L). T2DM-Shams surgery group rats did not significantly change eight weeks after surgery. DJB surgery decreased HOMA-IR index of diabetic rats. (Figure 1C) showed an impaired glucose tolerance that was in accordance with a low insulin action, as demonstrated by 7.8-fold and 6.62-fold increases in HOMA-IR index in T2DM-DJB vs. T2DM-Sham surgery rats before surgery, respectively. DJB surgery enhanced glucose tolerance and Insulin Sensitivity (ISI) in T2DM-DJB rats. As shown in (Figure 1C), HOMA-IR was significantly reduced from 7.8 ± 1.02 to 0.87 ± 0.10 eight weeks after DJB surgery. By contrast, T2DM-Sham rats did not show any significant changes compared to those before surgery. DJB surgery increased ISI of diabetic rats. As shown in (Figure 1D), ISI significantly increased from -5.15 ± 0.13 to -2.96 ± 0.11 eight weeks after DJB surgery. T2DM-Sham and Wistar rats did not show any significant changes within the period of experiments.

**Distribution and percentage of pancreatic α and β cells within the islets**

The quantity of β cells (insulin-positive) and α cells (glucagon-positive) in pancreas were measured by double labeling immunofluorescence. Insulin-positive cells and glucagon positive cells are shown in (Figure 2), insulin was labeled with Cy3(red) and glucagon FITC (green). Insulin and glucagon immune reactivity (IR) were detected in the pancreas islets of Wistar rats (A1-3), T2DM-Sham rats (B1-3) and T2DM-DJB rats (C1-3). (Figure 2A) showed the double labelling of insulin and glucagon in pancreas islet of Wistar rats. In normal Wistar rats, insulin was widely distributed in the pancreas islet, and that the islet appeared round and normal. Glucagon is expressed at the edge of pancreas islet. The quantity of glucagon-positive cells was less than insulin-positive cells. The percentage of insulin positive cell is 72.8±3.1% when counting 1000 cells in 6 rats. (Figure 2B) represents the double labelling of insulin and glucagon in the pancreas islet of T2DM-Sham rats 8 weeks after surgery. The results indicated that insulin positive cells were significantly decreased and glucagon positive...
cells increased sharply in T2DM sham rats eight weeks after surgery, as compared to, control wistar rats. In the pancreatic islets of T2DM-Sham rats, insulin positive cells decreased to 24.1±8.5%. (Figure 2C) showed double labelling of insulin and glucagon in pancreas islet of T2DM DJB rats eight weeks after operation. The percentage of insulin positive cells increased back to 67.4±3.3% in the pancreas islet after DJB treatment for eight weeks. These results suggested that the number of insulin positive cells gradually increased. On the other side, glucagon positive cells increased significantly in T2DM-Sham rats and decreased after DJB eight weeks after the surgery.

Figure 2: Insulin and glucagon expression in the rat pancreas islet were examined by double labeling immunofluoresces. Insulin was labeled with Cy3 (red). Glucagon was labeled with FITC (green). Insulin and glucagon immune reactivity (IR) was expressed in the pancreas islet of Wistar (A1-3), T2DM-Sham rats (B1-3) and T2DM-DJB rats (C1-3). The results showed that DJB surgery could increase the quantity insulin positive cells. A. Double labeling of insulin and glucagon in pancreatic islet of Wistar rats. In the normal Wistar rats, insulin was expressed widely in the pancreas islet, and the islet showed round and normal. Glucagon expressed in the edge of pancreas islet. The quantity of glucagon positive cells was less than insulin positive cells. B. Double labeling of insulin and glucagon in pancreas islet of T2DM Sham rats. In T2DM Sham rats, insulin positive cells decreased significantly comparing to Wistar control rats and glucagon positive cells increased sharply instead. C. Double labeling of insulin and glucagon in pancreas islet of T2DM DJB rats. Glucagon positive cells was increased sharply in T2DM Sham rats eight weeks after DJB surgery respectively, while GLP-1 was unchanged in 10.38 ± 0.62 and 10.53 ± 0.59 in T2DM-Sham rats at the corresponding periods. The secretion of GLP-1 in T2DM DJB significantly increased two weeks after DJB treatment compared to the Sham group.

Table1: Fasting plasma GLP-1 concentration (mlu/L).

<table>
<thead>
<tr>
<th>T2DM-DJB</th>
<th>T2DM-Sham</th>
<th>Wistar</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 week p.r.</td>
<td>10.10±0.82</td>
<td>9.96±0.36</td>
</tr>
<tr>
<td>2 weeks p.o.</td>
<td>20.19±1.67##*</td>
<td>10.44±0.53</td>
</tr>
<tr>
<td>4 weeks p.o.</td>
<td>21.31±2.42##*</td>
<td>10.38±0.62</td>
</tr>
<tr>
<td>8 weeks p.o.</td>
<td>16.76±1.50##*</td>
<td>10.53±0.59</td>
</tr>
</tbody>
</table>

DJB surgery increased plasma GLP-1 secretion of diabetic rats. The plasma GLP-1 level was analyzed by the assay of ELISA 1 week prior (p.r) to and 2, 4, 8 weeks post operation (p.o) (n = 6). *P < 0.05 vs. 1 week prior to DJB surgery; #P < 0.05 compared with T2DM-Sham.

DJB surgery unregulated GLP-1 receptor expression in ENS

Eight weeks after surgery, GLP-1R expression in the myenteric nerve plexes (MP) tissues was detected by immunohistochemistry and Western blotting. Immunofluorescence showed the increase of GLP-1R in myenteric nerve system in rat groups. As shown in Figure 3A, GLP-1R in MP in ENS of the Wistar rats (Figure 4B left) was significantly decreased in T2DM sham group (Figure 3A, middle). Eight weeks after DJB surgery, this reduction was significantly reversed. Figure 3A (right) showed the high density of GLP-1R in MPs of ENS. The expression of GLP-1R in MPs of ENS in three rat groups was also determined by Western blotting. As shown in Figure 3B and 3C, GLP-1R expression in T2DM rats was significantly decreased by 61% in T2DM as compared to Wistar group. DJB treatment resulted in the recovery of GLP-1R expression by 100% as compared to the Wistar control (Figure 3B and 3C right).

A Wistar T2DM-Sham T2DM-DJB
B Wistar T2DM-Sham T2DM-DJB

Figure 3: Eight weeks after surgery, the GLP-1R expression in the rat myenteric nerve system of STZ-induced diabetic rats. M J Diab 2(1): 004.
enteric nervous plexuses tissues was examined by immunohistochemistry and Western blotting. A. Fluorescence immune histochemistry for GLP-1R in the myenteric plexuses preparations in Wistar rats (a), T2DM-Sham rats 8 weeks after operation (b) T2DM-DJB 8 weeks after operation (c) (40×). B. Western blotting analyzed GLP-1R expression in ENS. Molecular weight of GLP-1R and β-actin is 56 and 42 kDa, respectively. C. Therelative optical density (ROD) of immunoblot band is represented as percentage values corrected for GLP-1R and β-actin (n = 3 per group). The bars indicate the mean ± SEM. (**P < 0.01 vs. Wistar group; ## P < 0.01, vs. diabetic group).

Discussion

ENS is composed of nerve cells in gastric wall cell body and its lobes, gastrointestinal submucosa, and links between the longitudinal muscle layers. It is well known that ENS is independent of the external brain neural networks [5]. Our previous study reported that GLP-1R expressed in ENS and GLP-1 modulates neutrally evoked mucosal chloride secretion in the intestine of Guinea pig [6]. Here, we further investigated the function of GLP-1 and GLP-1R in ENS during the development and treatment of T2DM by DJB [18]. Numerous studies have indicated that DJB surgery prevented a direct contact between the ingested nutrients and the duodenum and proximal jejunum without any gastric restriction or exclusion. Thus, DJB has been considered as an alternative surgical therapy for promoting glucose homeostasis without significant weight loss. Some reports have shown a remarkable improvement in glucose homeostasis at the early stage following DJB surgery [19]. This study showed that DJB surgery increased GLP-1 secretion and GLP-1R expression in ENS connected with the reduced blood glucose level of the T2DM rats. The role of ENS and the signal of GLP-1 in ENS under DJB surgery remains to be further discovery. Considering the physiological consequences bariatric surgery treating T2DM, resulted in dramatically elevated GLP-1 levels, antagonism of which largely abolishes postsurgical improvements in glucose-stimulated insulin release. GLP-1 mimetics, however, are markedly less effective than surgery in treating type 2 diabetes. Although it was believed that GLP-1 target β-cells through the circulation, but GLP-1 is rapidly cleaved by dipeptidyl peptidase 4 (DPP4) when it enters the bloodstream [20]. This led to the idea that receptors localized close to L-cells may act as local sensors of GLP-1 before it is inactivated. And this is the reason we have studied the GLP-1R expression in ENS when DJB was performed in treating T2DM rats. Paul Richardsshowed that GLP-1R was widely expressed in different organs [21-25]. In pancreatic islets, GLP-1R expression was largely restricted to the β- and δ-cell populations, only less than 10% α-cells expressed GLP-1R. In the gastrointestinal system (GI), GLP-1R is localized in afferent and enteric neuronal cell bodies and nerve fibers within the intestinal mucosa including gastrictrium/pylorus, enteric neurones, vagal and dorsal root ganglia. Patch clamp recording that enteric neurons positive for GLP-1R were activated by GLP-1. Enteric and vagal neurons positive for GLP-1R activated by GLP-1 and may contribute to intestinal and central responses to locally released GLP-1, regulation of intestinal secretomotor activity and appetite, remains to be researched. To the best of our knowledge, this study offers the first direct evidence on the relationship between a change in GLP-1 signaling in ENS induced by DJB surgery and the subsequent improvement in postoperative glucose tolerance.

Compliance with Ethical Standards

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. All procedures performed in this study involving animals were approved by the Ethics Committee of Weifang Medical University, Weifang, China.

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