Cross Fused Renal Ectopia with Uretero-Pelvic Junction Obstruction in Upper Moiety and Renal Pelvis Stones in the Lower Moiety

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Received Date: 30 Jul 2016
Accepted Date: 16 Aug 2016
Published Date: 19 Aug 2016

INTRODUCTION

Cross fused renal ectopia (CFRE) is a rare congenital anomaly which is characterized by crossing one of the kidneys to the opposite side of its ureter insertion and fusing with the contralateral kidney. CFRE is the second common fusion anomaly after horse shoe kidney with the incidence rate of 1/1000 to 1/2000 of births. The male to female ratio is about 2-3 per 1 [1-2]. The fusion anomalies of the kidney for the first time was classified by Wilmer on 1938 but later on 1957 McDonald and McClellan modified the existed classification into crossed ectopia with fusion and without fusion and Solitary as well as bilateral crossed ectopia [3]. The mentioned abnormalities are clinically significant as about half of the patients may represent with complications such as; hydronephrosis, infections, uretero-pelvic junction obstruction and nephrolithiasis [4].

CASE REPORT

A 14 years old boy with history of left flank pain was referred to radiology department of French Medical Institute for Children (FMIC) for Intravenous urography (IVU) examination. The KUB plain image showed multiple radio-opaque stones at the region of left flank [Figure. 1] while after IV injection of non-ionic contrast agent the nephrogram image demonstrated a large kidney in the left side with no evidence of nephrogram in the right side [Figure. 2]. 30 minutes post contrast image displayed significant hydronephrosis of an upper moiety with evidence of abrupt cutoff at the region of renal pelvis and moderate hydronephrosis of the a lower moiety kidney due to stones in the renal pelvis [Figure. 3]. Only single ureter which showed passage of contrast into the urinary bladder was detected in 90 minutes post contrast image [Figure. 4]. After the mentioned imaging findings the diagnosis of a right side crossed fused renal ectopia with uretero-pelvic junction obstruction of upper kidney (normal position left kidney) and renal pelvis stones of lower kidney(right fused ectopic kidney) was performed. Then patient was introduced for surgery department for nephrolithotomy as well as treatment of upper moiety uretero-pelvic junction obstruction. The lithotomy with junction-junction (JJ) stent procedure was done. Post operation plain image demonstrated no evidence of renal stones with a normal JJ stent location into the upper moiety kidney and urinary bladder [Figure. 5]. Also post operated ultrasound images showed no evidence of stones and hydronephrosis with a normal JJ stent position [Figure. 6, 7].

Figure 1: Multiple radio-opaque Stones in the left flank region.

Figure 2: Nephrogram shows a large kidney in the left side of abdomen.
DISCUSSION

It is commonly believed that, CFRE results from abnormal migration and crossing of ureteric bud and metanephric blastoma during the 4th to 8th weeks of embryonic life [5]. Some other etiologies like abnormal location of umbilical artery that prevents normal cephalic migration, malrotated caudal end of the fetus, teratogenic and genetic factors have been also proposed [6]. The inferior CFRE is more common comparing to superior type as in inferior type the upper pole of crossed ectopic kidney is fused with the lower pole of superior normal positioned kidney [5]. The incidence of Left to right crossed ectopia is 3 times higher in comparison to right to left crossed ectopia and here we presented a right to left crossed fused ectopia [2]. Cross renal ectopia have four main categories; fused or non-fused renal ectopia, unilateral crossed ectopia with renal agenesis of the contralateral side and crossed renal ectopia bilaterally without fusion which in more than 85% of cases complete or incomplete fusion of the kidneys exist [1].

The cross fused kidneys demonstrate six different anatomical types; inferior (which is the most common type), superior (the least common one), L shaped, sigmoid, disc and lump kidneys [1]. The diagnosis of this congenital malformation can be done by various imaging modalities; intravenous urography can reveal absent kidney in one side with information about origin, course and insertion of ureters but no specific findings of fused kidneys. Ultrasonography shows an empty renal fossa in one side and fused kidneys in contralateral side with an anterior or posterior notch between both kidneys. Computed tomography can give detail information about the fused kidneys. Regarding function of kidneys renal scintigraphy would be the best modality [7]. Although no specific treatment is required for asymptomatic cases, previous understanding of the anomaly seems necessary before any needed surgical intervention. Sometimes renal complications like nephrolithiasis; hydronephrosis, uretero-pelvic junction obstruction and infection may occur which require appropriate treatment [5]. In the present study the cross fused kidneys demonstrated evidence of uretero-pelvic junction obstruction with signif-
cant hydronephrosis in the normal positioned left kidney and multiple stones in the cross fused right kidney which resulted in moderate hydronephrosis.

REFERENCES